

Long Covid and PoTS

A practical guide and new insights



9.00-9.30	Registration and coffee	
Morning session chaired by Dr Morwenna Opie-Moran and Dr Jane Simmonds		
9.30-9.35	Welcome	Dr Nick Gall
9.35-9.50	Long covid definitions and epidemiology. Patient history	Prof Lesley Kavi
9.50-10.30	Long covid-multisystem involvement. Respiratory red flags	Dr Toby Hillman
10.30-10.45	Cardiac red flags. Role of cardiac MRI	Dr Dan Sado
10.45-11.05	Coffee break	
11.05-11.20	Recognising autonomic dysfunction	Dr Nick Gall
11.20-11.40	Testing for autonomic dysfunction/PoTS - stand, tilt and other tests	Dr Nick Gall
11.40-12.00	Management of PoTS and when to refer	Prof Lesley Kavi
12.00-12.15	PoTS patient perspective. Impact and adjustments for work	Mrs Anita Kiernan
12.15-12.30	Long covid in children	Dr Sue Peters
12.30-1.00	Panel Q&A	All the above speakers
1.00-2.00	Lunch	
Afternoon session chaired by Dr Nick Gall and Mrs Michaela Nuttall		
2.00-2.15 2.15-2.30	Long covid service needs and development: Community Secondary care	Dr Harsha Master Dr Melissa Heightman
2.30-2.45	What is the evidence for MCAS in long covid?	Dr Bethan Myers
2.45-3.00	Brain fog in PoTS and long covid - causes and management	Dr Jessica Eccles
3.00-3.15	Dysfunctional breathing	Dr Charles Reilly
3.15-3.30	Rehabilitation	Ms Rebecca Livingston
3.30-3.50	Coffee break	
3.50-4.10	New insights from the Zoe app	Dr Claire Steves
4.10-4.40	Current research	Prof Valeria Iodice
4.40-5.00	Panel Q&A	Afternoon speakers

You are welcome to join us for drinks, nibbles and networking from 5pm onwards

Speaker times subject to change